





STIVICHALL PRIMARY SCHOOL tel: 024 7641 9555

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Important Dates next week:

Monday 29th January VEX Robotics competition at King Henry VIII School

Tuesday 30th January Year 5/6 Athletics Final at AT7 Centre

Friday 2nd February
 Friday 2nd February
 Friday 2nd February
 Early Bird session to visit child's classroom 8:30-8:50am

Parents' Meetings with Teachers via SchoolCloud

Parents' meetings are important because they give you the opportunity to discuss what your child is doing at school and how they are getting on. You can also cover any issues you may want to talk about with your child's teacher. Participating in parents' meetings can help you become better involved in your child's learning and give you ideas for what practical support you could offer at home to further help your child fulfil their potential. As the primary educator of your child, it helps you to give your child good, practical support and when schools and parents work together, children achieve more.

Parent consultation meetings with teachers will take place virtually via SchoolCloud on the following days:

Wednesday 21st February
 3.30 – 7.00 pm Reception, Years 1, 2, 3, 4, 5 and 6

Wednesday 28th February
 3.30 – 7.00 pm Reception, Years 1, 2, 3, 4, 5 and 6

Bookings will open on Monday 5th February at 12 noon. Bookings will close for 21st February on Monday 19th at 12 noon. Bookings for 28th February will close on Monday 26th at 12 noon. Please make sure you book within this timeframe ensuring that you only book <u>one</u> appointment per child. Although we will do our best to accommodate both parents where families are no longer together, we ask that you share appointments where possible to avoid unnecessary pressure to teacher workload.

Each meeting will be scheduled for 10 minutes. Meetings can be booked by clicking the following link:

https://stivichall.schoolcloud.co.uk

Department of Education advice RE Measles

The DfE have released some helpful advice for parents regarding the recent UK outbreak of measles. Measles usually starts with cold-like symptoms, followed by a rash a few days later. If your child has been vaccinated, then it is unlikely that they will contract measles. Guidance states it is fine to send your child to school with a minor cough or common cold, provided they don't have a temperature. If your child has been diagnosed with measles by a doctor, they should stay off school for at least 4 days from when the rash first appears, and they should also avoid contact with babies and anyone who is pregnant or who has a weakened immune system. If you think you or your child may have measles you should seek an urgent appointment with your GP or get help from NHS 111. Adults and children who have not yet had their MMR vaccination are encouraged to do so.

Year 3 and 4 Camp dates

Our exciting and educational school camps have been booked again for this year. Please make a note of the dates in your diary:

- Overnight year 3 camp Friday 14th June on the school field
- Overnight year 4 camp Thursday 23rd May at Rough Close Campsite, Coventry

Further information for both of the above events will be shared nearer the time.

Water Bottles

We have noticed a number of children using 'Prime' bottles as their water bottle in school. As these drinks are recommended as <u>not suitable for children under the age of 15</u>, we ask that the children do not bring the bottles into school so as not to promote a drink that is not age appropriate.



Choir Members attending Young Voices Event at Genting Arena

The children had a wonderful time at young voices this week and we hear they all sang beautifully and represented our school very well. Well done to all involved and a special thanks to the teachers and staff who helped with the event. Please see our X (formally known as Twitter) feed for photos.

Music Payments

Just a reminder that all music payments should be paid by next Friday 2nd February. You can find the payment allocated to your My Child at School Account.

Music lesson vacancies, summer term

We have one opening for violin lessons and one opening for piano lessons for the summer term. If your child is interested, please contact the school office. Both would be part of a group lesson, costing £7.50 for each weekly session. This would be payable in advance at the beginning of the summer term.

If your child would like to take up an instrument from September more details will be provided on how to apply in the summer term. Letters with all the details will be sent out in due course for next year's year 2-6 pupils.

Well-Being Ambassadors

Top-tip from the well-being ambassadors this week:

<u>Progressive muscle relaxation.</u> In this relaxation technique, you focus on slowly tensing and then relaxing each muscle group. This can help you focus on the difference between muscle tension and relaxation. You can become more aware of physical sensations.

In one method of progressive muscle relaxation, you start by tensing and relaxing the muscles in your toes and progressively working your way up to your neck and head. This is best done in a quiet area without interruptions. You can also start with your head and neck and work down to your toes. Tense your muscles for about five seconds and then relax for 30 seconds, and repeat.

Relaxation techniques can support sleep, slow down breathing, provide an air of calm, reduce tension and even improve focus and mood so give this a try.

Year 6 Swimming

Letters have gone out today to year 6 children with regards to top-up swimming lessons, we ask that you fill in and return the slip so that we can ascertain how many children may need these lessons. Please return the slips by Wednesday 31st January. Thank You.

Eco Tip

Each week, our Eco Warriors will be sharing an 'Eco-Tip of the Week' with you in our newsletter. We will also be keeping the school website and Twitter updated with what the Eco team have been up to.

This week's top eco tip: Remember to sort your waste into the correct bins to recycle (Jaan, 4S)

Half Term Adventure Camp

<u>Ackers Adventure</u> run a half term adventure camp. Activities include Skiing, Climbing, Canoeing, Bell Boating, Kayaking and many other outdoor activities. Please follow the link for more information and how to book <u>Holiday Camp</u> (cinolla.com)

Yours sincerely

Mrs K. Ferguson

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Head Teacher