Suicide Bereavement Support

Grief is too heavy to carry alone.

Further information:

info@violetproject.co.uk

Social media: @VioletprojectUK



The group aims to provide:

- · A safe and supportive space to talk about your bereavement and for others to support you through shared experiences in a safe environment.
- Gain peer support and build a connection with others.
- Written information and resources about bereavement by suicide.

Face to Face Support

Date: Second Tuesday of every month.

Time: 7pm-8.30pm

Address: CV1 area.

Please complete the online referral form to obtain location details.

Online UK Support

Date: Fourth Tuesday of every month.

Time: 7pm-8.30pm

Location: Online.

Please complete the online referral form to obtain the meeting link.