

RSE Parents Information Meeting



What is RSE?

Relationships and sex education (RSE) is learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. It should equip children and young people with the information, skills and positive values to have safe, fulfilling relationships, to enjoy their sexuality and to take responsibility for their sexual health and well-being.

(Sex Education Forum)

Why teach RSE?

- Although Relationships Education is compulsory in all primary school, sex education is not compulsory. However, it is **recommended by the Department of Education** that all primary schools should have a Relationship and Sex program tailored to the age and physical and emotional maturity of the children.
- Teaching RSE can help lay the foundations for future work on sexual and reproductive health and so **helps to prepare children for adulthood**. It contributes to the emotional and social development of children, helps them to develop a secure **sense of identity and to function well in the world**.
- RSE makes an important contribution to **well-being** by supporting children and young people's ability to learn, achieve and flourish.
- Good quality RSE provides children with **factually correct information** and helps them to challenge misinformation.
- The government believe it is **vital for safeguarding**, so that a child has the language to describe the private parts of their body and to seek help if they are abused. Ofsted has raised concerns about primary schools failing to teach correct names for sexual parts of the body.

How does it fit in with the curriculum?

- RSE is a topic within the broader subject of PSHE and Protective Behaviours
- Within primary schools some of what is taught in RSE is already part of the Science National Curriculum.
- The Science Curriculum covers aspects of body, growth, reproduction, life cycles and ageing; *they should also learn about the changes experienced in puberty (year 5).*
- Year 1 science includes pupils being taught to 'identify, name, draw and label the basic parts of the human body'.

Although not mentioned specifically, it is important that pupils are taught the names of the external genitalia and know the differences between boys and girls.

RSE, you & your child

- As Sex Education within RSE is not statutory, you may withdraw your child from these sessions or part of an RSE session.
- Some parts of the RSE program may be taught in single sex groups in year 5.
- Answering children's questions – we will answer children's questions if it is deemed appropriate. Any question that we feel is not appropriate for ourselves to answer will be deferred to the parent.
- We will notify parents when lessons are happening – week beginning 2nd November.

About Stivichall's RSE Policy

- Recommendations have been taken from the Department of Education.
- Advice has been taken from the PSHE association and Sex Education Forum.
- There is a designated Governor with responsibility for monitoring the teaching and learning of RSE at Stivichall.
- The scheme of work is following the Christopher Winter Project which is a PSHE Association Quality Assured Resource.
- Our RSE policy can be found on our school website.

SRE Policy

Aims and Objectives

- • To further develop personal awareness, confidence and responsibility
- • To nurture a responsible attitude towards personal relationships including aspects of mutual respect, care and to develop sensitivity towards the needs of others
- • To provide knowledge of loving and supportive relationships, the nature and importance of family life
- • To teach pupils the correct vocabulary to describe themselves and their bodies
- • To provide knowledge of human reproductive processes
- • To inform children on matters of personal hygiene and related sexual health issues
- • To provide knowledge and understanding of keeping safe and the recognition and management of risk
- • To develop positive relationships and respect for difference and diversity, avoiding prejudice and stereotyping.

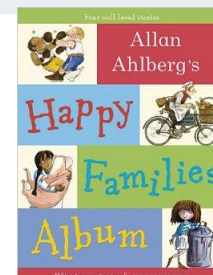
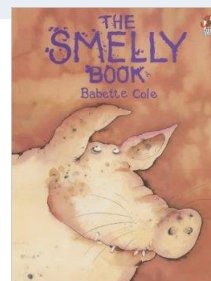
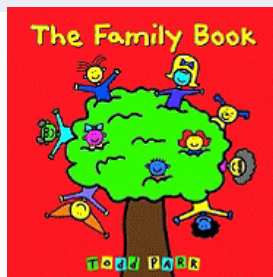
Overview of RSE Scheme of work

- During the Autumn term, RSE will be taught across the school from Year 1 to Year 6.
- 3 / 4 lessons to be taught (One a week).
- Years 1, 2, 3 & 4- Living and Growing.
- Years 5 & 6- Sex and Relationships Education.

Living & Growing

Year Group	Learning Intentions and Outcomes	Vocabulary
Reception	Our Lives: <ul style="list-style-type: none"> • Our Day • Keeping Ourselves Clean • Families 	Dress, undress, clean, smelly, sponge, towel, hands, toothpaste, toothbrush, hairbrush, comb, family.
Year 1	Growing & Caring for ourselves: <ul style="list-style-type: none"> • Keeping Clean • Growing and Changing • Families and Care 	Clean, similar, different, family, boy, girl, male, female, private parts, penis, vagina, newborn.
Year 2	Differences: <ul style="list-style-type: none"> • Differences: Boys and Girls • Differences: Male and Female • Naming the Body Parts 	Similar, different, sex, gender, stereotypes, boy, girl, male, female, private parts, penis, vagina, testicles, nipples, offspring.
Year 3	Valuing Difference and Keeping Safe: <ul style="list-style-type: none"> • Differences: Male and Female • Personal Space • Family Differences 	Stereotypes, gender roles, male, female, private parts, penis, testicles, vagina, womb, family, fostering, adoption, relationships

Example resources



Sex & Relationships Education

Year Group	Lessons	Key Vocabulary
Year 4	Growing Up: <ul style="list-style-type: none">• Growing and Changing• What is puberty?• Puberty Changes and Reproduction	Puberty, lifecycle, reproduction, physical, breasts, sperm, egg, pubic hair, emotional, feelings, arm pits, vagina, testicles, womb
Year 5	Puberty: <ul style="list-style-type: none">• Talking about Puberty• Male and Female Changes• Puberty and Changes	Puberty, physical changes, emotional changes, moods, menstruation, periods, tampons, sanitary, towels, wet dreams, semen, erection, sweat, breasts, spots, pubic hair, facial hair, bra, deodorant
Year 6	Puberty, Relationships and Reproduction: <ul style="list-style-type: none">• Puberty and Reproduction• Understanding Relationships• Conception and Pregnancy• Communication in Relationships	Womb, sperm, egg, conception, fertilization, pregnancy, sexual intercourse, twins, fostering, adoption, friendship, love, consent, intimacy, personal/private, information, internet safety, reproduction, foetus, umbilical cord, ovary, fallopian tubes.

